

Dr Neil Kitchiner

Director  
Veterans' NHS Wales  
Senior Research Fellow  
Cardiff University

[www.ncmh.info](http://www.ncmh.info)

# Veterans' NHS Wales

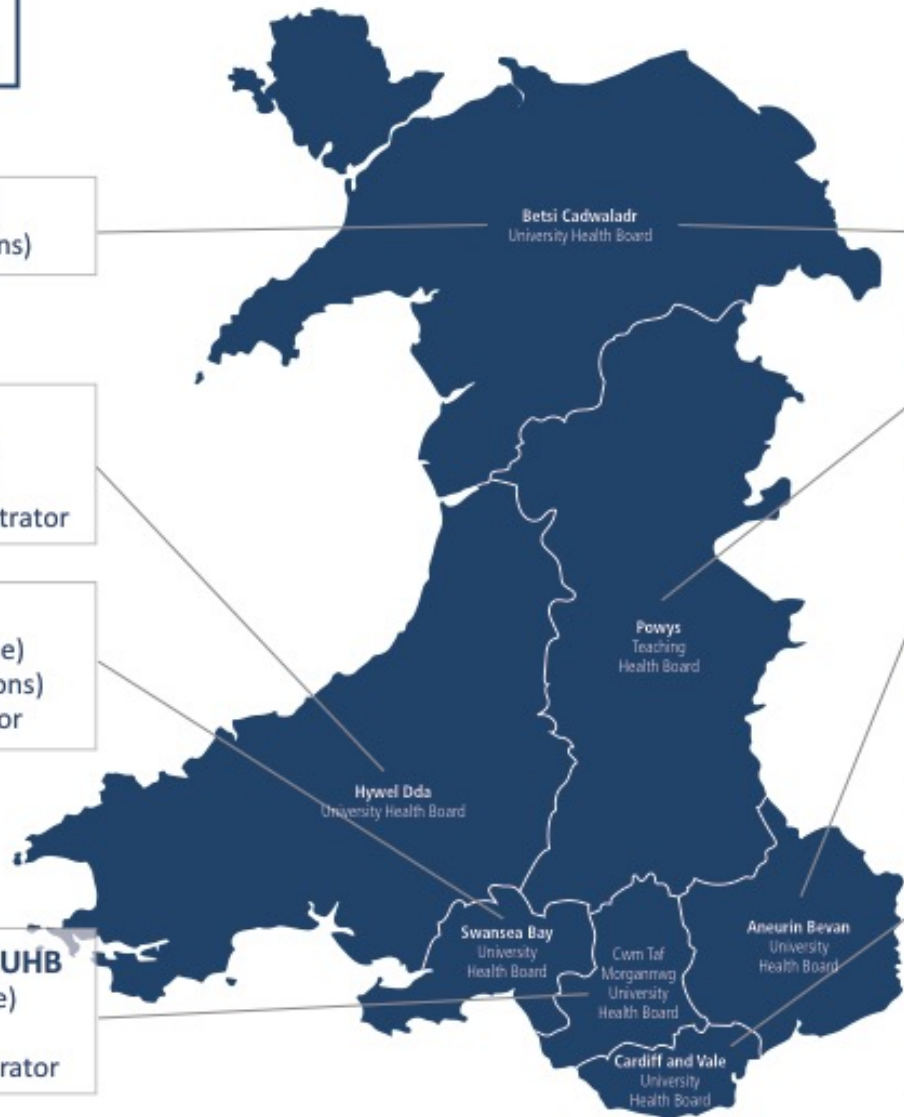
**Director**  
Dr Neil Kitchiner  
*Cardiff & Vale UHB*

**Betsi Cadwaladr UHB**  
Karen Hawkings (6 sessions)

**Hywel Dda UHB**  
Julie Campion (full-time)  
Claire Young (4 sessions)  
Louise Laughlin - Administrator

**Swansea Bay UHB**  
Victoria Williams (full-time)  
Rebecca O'Dowd (8 sessions)  
Anna Smith - Administrator

**Cwm Taf Morgannwg UHB**  
William Watkins (full-time)  
Sam Giles (full-time)  
Maria Moruzzi - Administrator



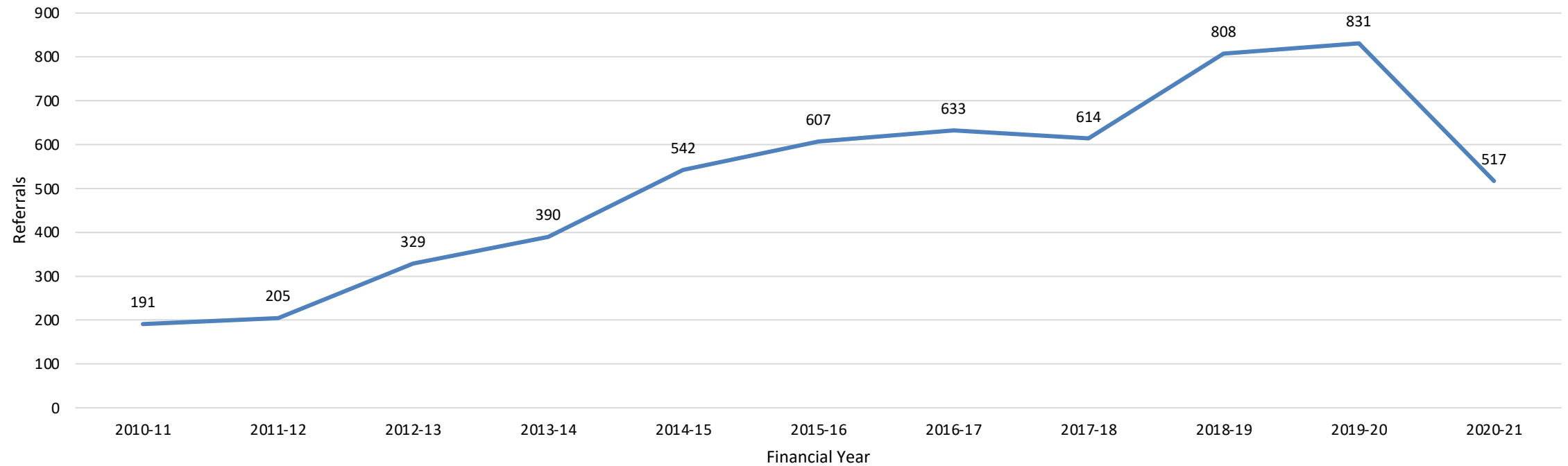
**Betsi Cadwaladr UHB**  
Mark Birkill (full-time)  
Amanda Jackson (full-time)  
Hayley Jess - Administrator

**Powys THB**  
(Covered by BCUHB, ABUHB and SBUHB)

**Aneurin Bevan UHB**  
Vanessa Bailey (full-time)  
Michael Mo (6 sessions)  
Helen Gower (4 sessions)  
Damon Rees (full-time) Peer Mentor  
Kay Rees - Administrator

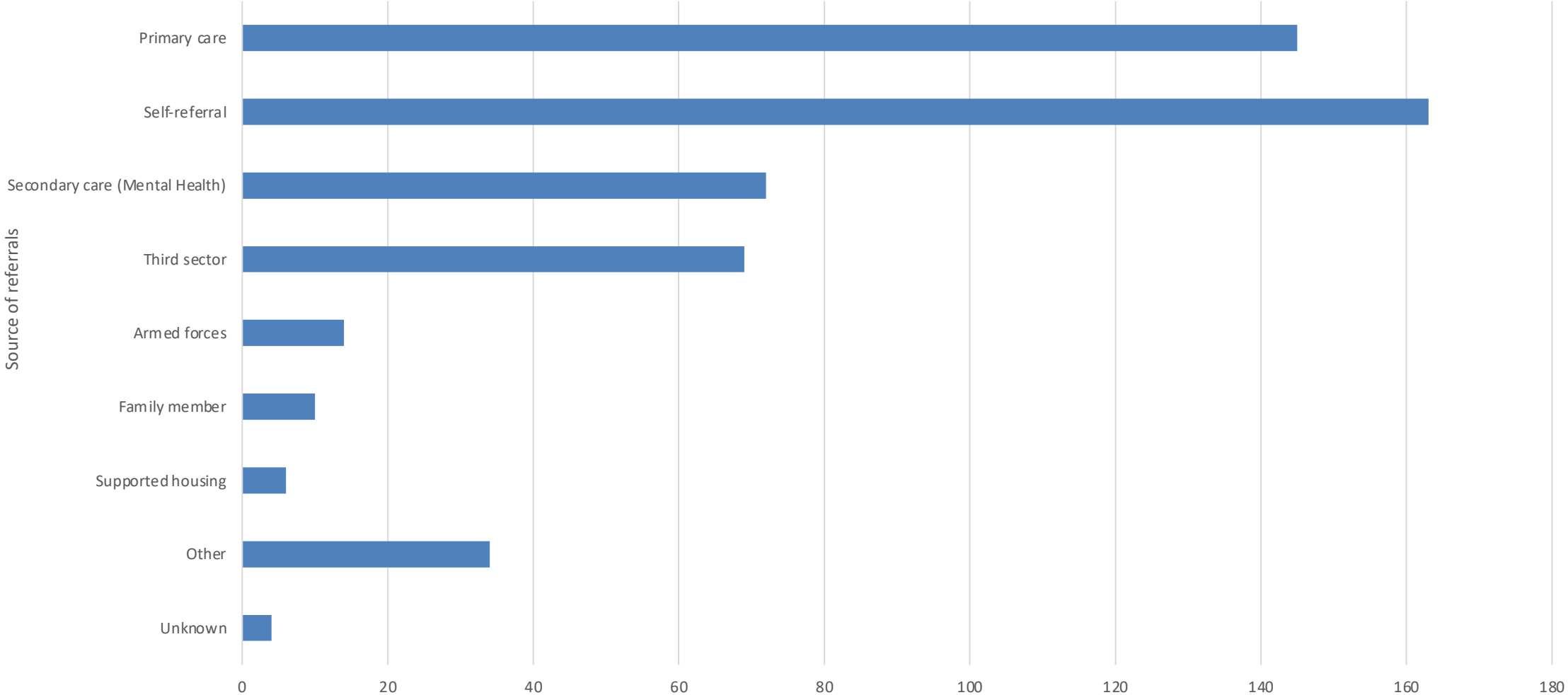
**Cardiff & Vale UHB**  
Neil Kitchiner (5 sessions)  
Gwen O'Connor (5 sessions)  
Rachel Vanstone (7 sessions)  
Jo Delahay (1 session)  
Alisha Smith (full-time) Assistant Psychologist  
Amy O'Sullivan - Hub Secretary

# All Wales Referrals



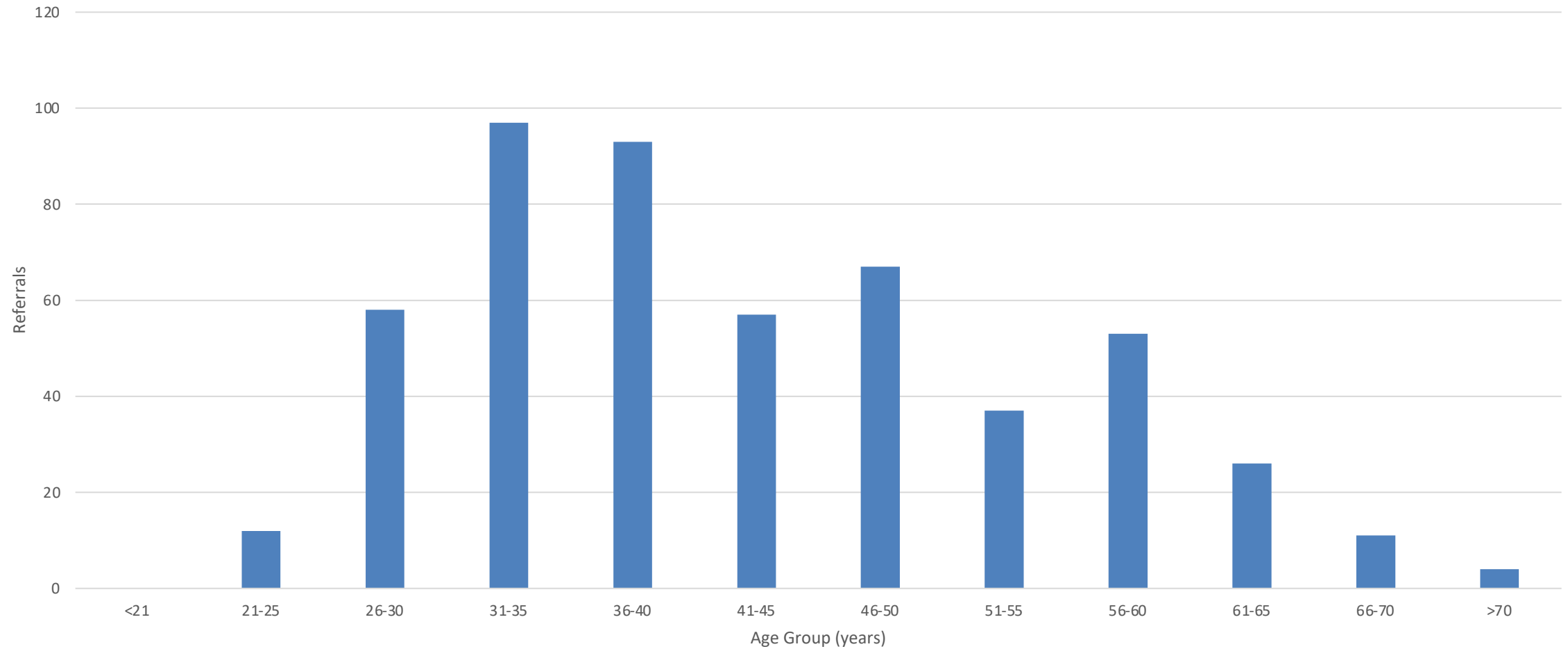
# Sources of Referral

All Wales



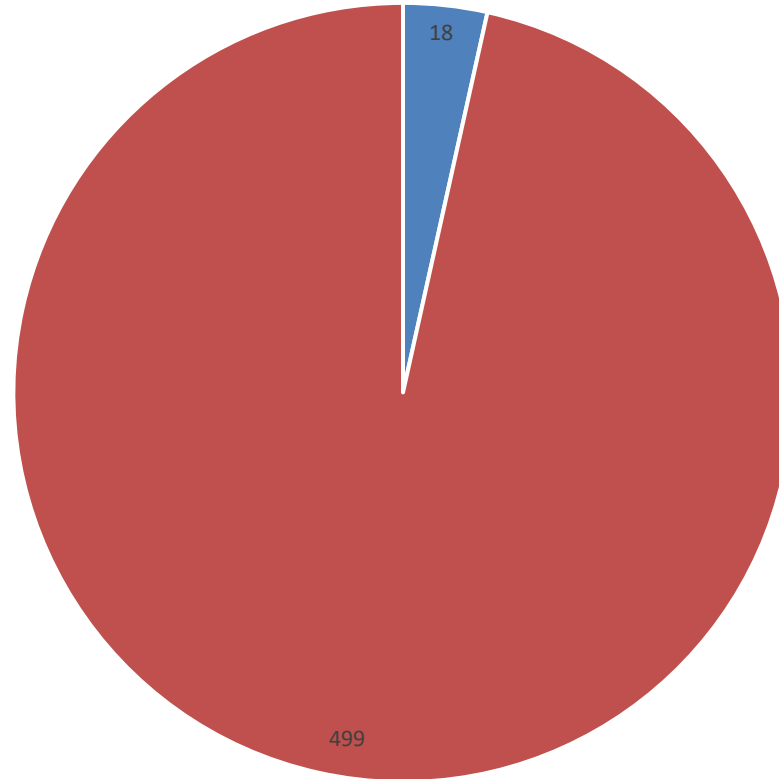
# Age

All Wales



# Gender

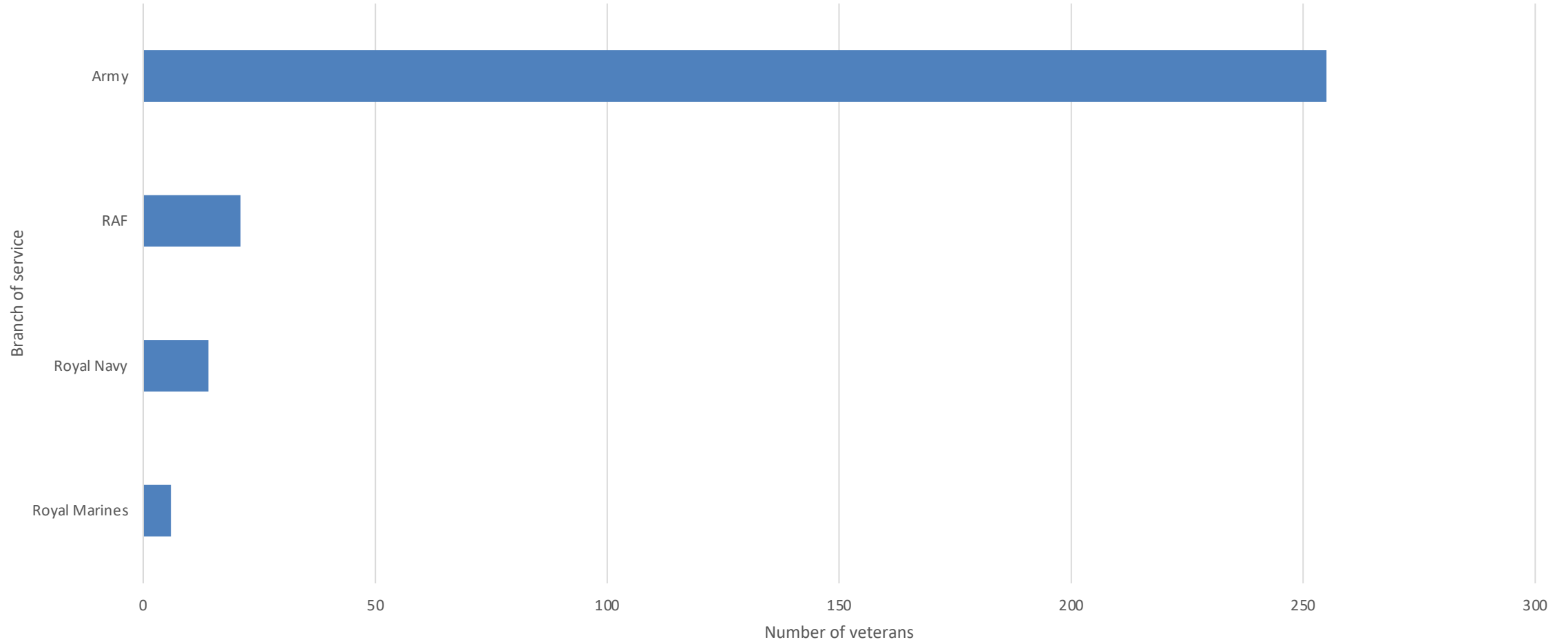
All Wales



■ Female ■ Male

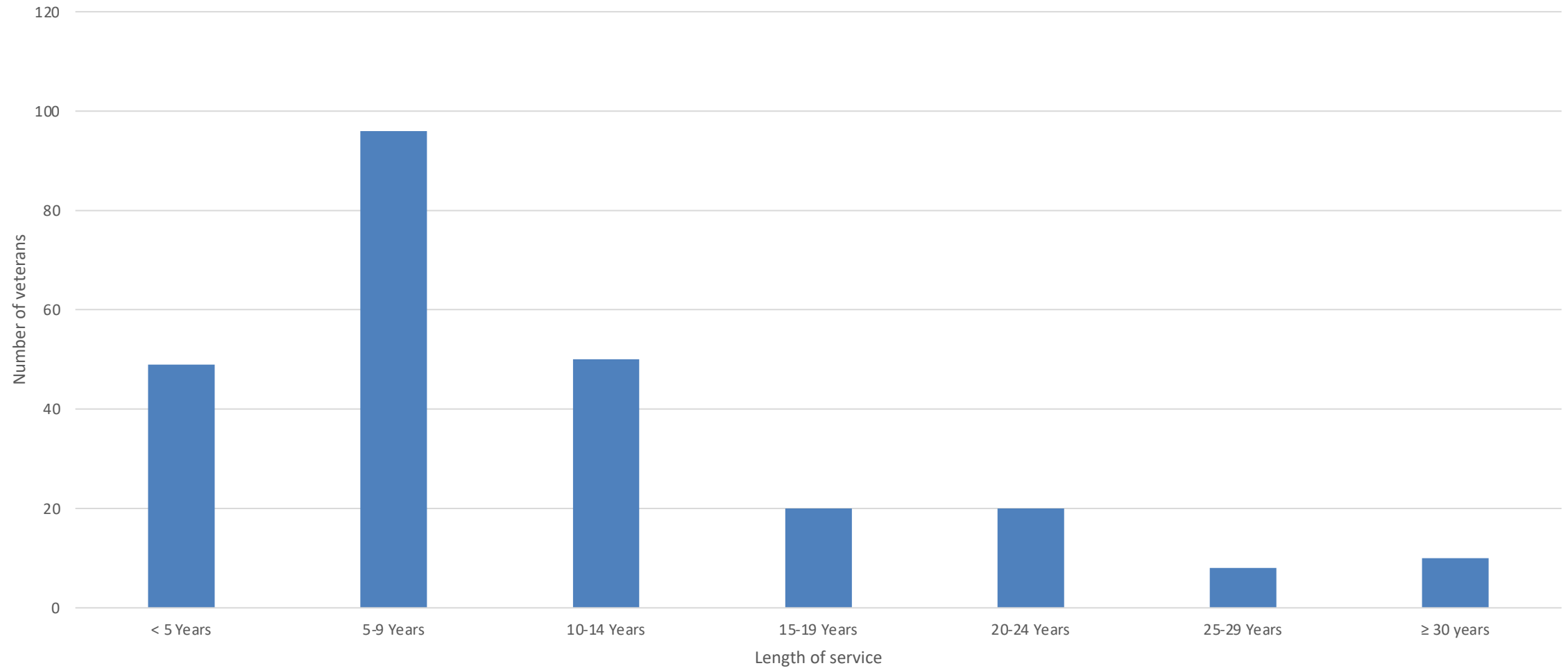
# Branch of Service

All Wales



# Length of Time in Service

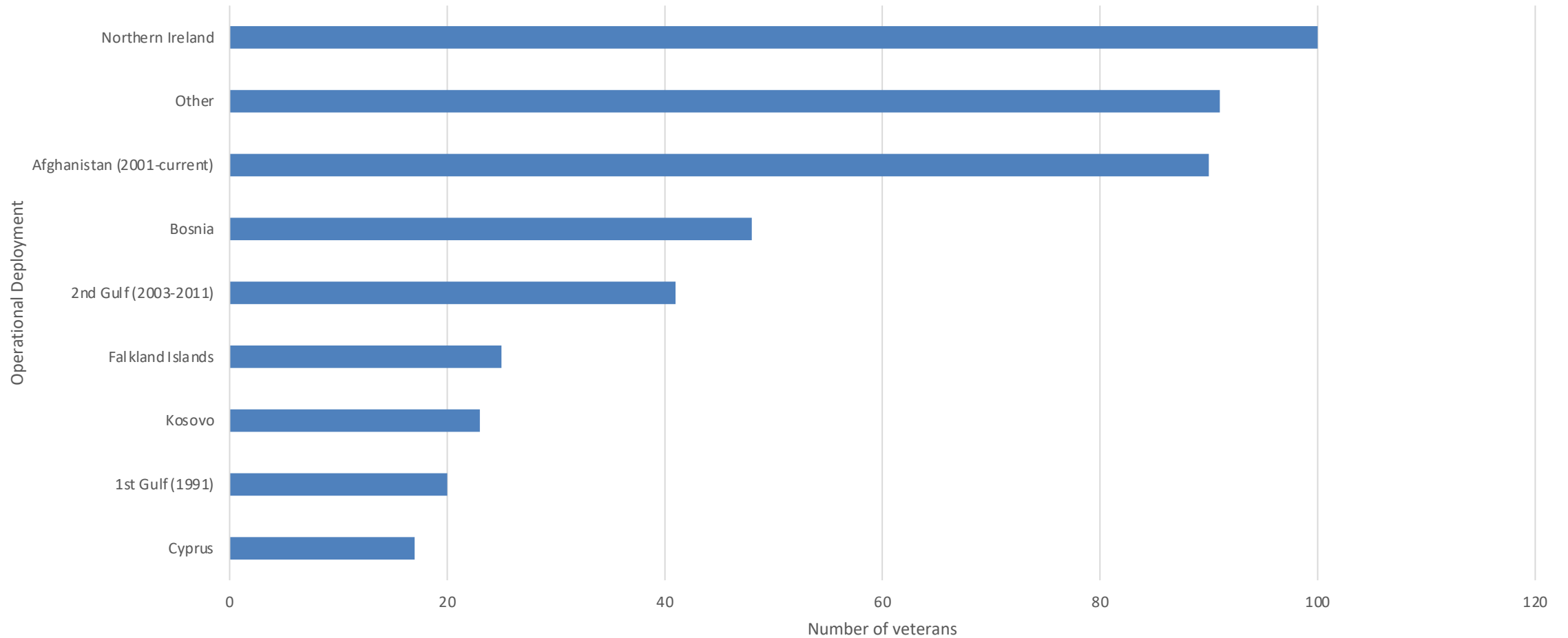
All Wales



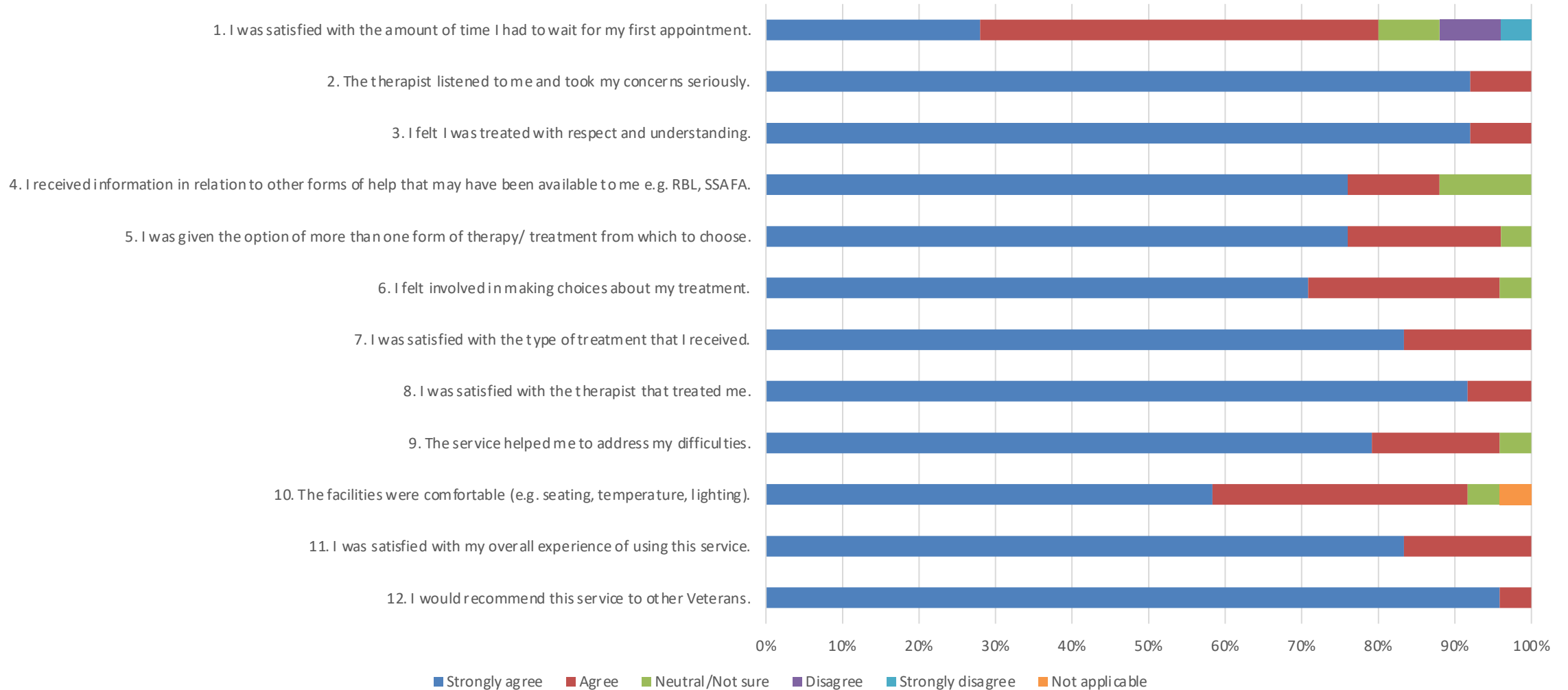


# Operational Deployments

All Wales



# Patient satisfaction survey



# Partner agencies

Links to other organisations



# Collaboration

- Open referral via [www.veteranswales.co.uk](http://www.veteranswales.co.uk) & email, phone, Teams
- All 7 health boards have a:
  - AF Forum
  - AF Clinical network (which feeds up to AF Forum)
- Welsh Government have a:
  - AF Champions meeting
  - AF Expert group
  - AF Commissioner for Wales (James Philips)
  - AF Community safety division
  - AF Cross Party group
    - RBL – Welsh Charities meetings
- A Founder member of the CONTACT group
- Member of an International Data Group
- Regularly present at veterans MH meetings

# Future directions

- **Ongoing challenges:**
  - Demand for VMHS in Wales remains high = 12/12 WL
  - VNHSW is not able to offer a crisis/hard to engage service
  - Reliant on our key third sector partners securing funding i.e. Change Step, TGP etc...
- **Opportunities:**
  - Test novel psychological therapies i.e. Mil/Spring GSH, Rewind technique, Walk & Talk EMDR...
  - Work collaboratively with Traumatic Stress Wales i.e. veterans in prison pathway for PTSD

