



ALABARE

SIMON FRITH- SOCIAL ENTERPRISE MANAGER WALES





One day Bob came to stay.....





AND THEN MARY....

"I was in a really bad place when I met you. I was only 21 and I didn't know what to do. Being pregnant was scary enough, but with my husband in prison, and being evicted from our home, I didn't know where to turn. I had no family and no money. But you took me in and gave me that lifeline. Now my son is grown up and has a family of his own, his own house and a good job. Alabaré gave me the strength and hope to realise that I could take control of my life and build a future for myself." Mary





- 98 bed occupancy (with 37 in Wales)
- Self build projects in Plymouth & Ludgershall- 18 units
- 350 Veterans over 20/21





MENTAL HEALTH SUPPORT- MAKING PROGRESS IN TURBULENT TIMES.



- care for service users, who are often vulnerable and marginalised
- compassion for those in difficulty or in distress
- generosity in allowing people another chance
- respect for all, valuing each person, their experience, opinions and choices



What does support actually mean?

Stabilise.

Trauma informed staff
listen and understand.

Rebuild.

Address the legacy
with the right team at
your side.

Enduring resilience.

Move forwards, but
don't go alone!



BOOTS ON THE GROUND.



“Having a purpose and being part of a team has helped me through some tough times. Planting 50 Oak trees and knowing those could be there for hundreds of years was awesome. Keeping active, getting out and getting things done has boosted me no end. I look forward to eating something from the garden after all the hard work.”

Gavin, Service User





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After Russian invasion, 35 Ukrainians find safety in Gibraltar
 by Gabriella Peralta

Some 35 Ukrainian nationals have found safety in Gibraltar since Russia invaded their country in late February. The Gibraltar Government confirmed that so far, a total of 36 Ukrainian nationals have applied to reside in (Continued on page 2)

Veterans restore Lord Airey's Battery
 by Eyleen Gomez

A group of 10 veterans have restored Lord Airey's Battery site. The veterans, aged between 47 and 87, gave Pete Jackson from the Gibraltar Heritage Trust a much-needed hand with the restoration of Lord Airey's Battery. (Continued on page 2)

Govt has made 'vociferous' representations on Blue ID cards, but without success
 by Priya Guiraj

Gibraltar has been 'vociferous' behind the scenes in trying to ensure Blue ID card holders have the same



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Extensive restoration project for Lord Airey's Battery

by Eyleen Gomez

The team of ten veterans are having some great conversations going on about their military experience and some of them have been out to Gibraltar when they served and they are showing the others what to release we want! So there is great camaraderie up on the battery!
 - Alexander Chisholm Executive, Andrew Leach.

When he heard that the work on the battery was to be done in 2022, he was excited to be part of it. He had served in the British Army and had seen the battery in action during the Second World War. He had also seen the battery in its current state, which was in a state of disrepair. He decided to join the team of veterans who were restoring the battery. The team was made up of ten veterans, aged between 47 and 87. They had served in various parts of the world, including the Middle East, the Falkland Islands, and the Gulf. They had all seen action and had experienced the hardships of war. They were all proud of their service and wanted to give back to Gibraltar. The restoration project was a joint effort between the Gibraltar Heritage Trust and the veterans. The trust provided the funding and the veterans provided the labour. The project was a success and the battery is now open to the public. The veterans are proud of their contribution and are looking forward to the next project.



Social Enterprise: Pizza with purpose.

For beneficiaries-

- Work experience with people who understand.
- Scaled to their needs.

For Alabare-

- Income stream & promotion



Thank you for your time today
Questions are welcome.

More ways to get involved can be found at
www.alabare.co.uk/get-involved